

NUTRITION WORKER

Definition:

Under supervision, performs duties directly associated with the preparations, packaging, delivery and transportation of meals to Senior Nutrition Program participants.

Distinguishing Characteristics

The Nutrition Worker works under the direction of the Senior Nutrition Site Coordinator and/or Cook depending on assignment. Incumbents are expected to operate assigned vehicles in a safe manner and work flexible hours. Positions in this class typically perform routine and repetitive tasks according to established procedures. While a variety of tasks may be assigned, each step usually follows a pattern which has been established and explained and in the event exceptions arise, the employee is expected to ask for directions.

Essential Functions:

- Prepares, cooks and/or bakes soups, meats, fish, poultry, vegetables, desserts and other foods.
- Follows master recipes in the preparation of food.
- Operates, cleans and stores dishes, trays, pots, pans, utensils, and other kitchen/cafeteria equipment.
- Maintains a clean work area; sweeps and mops floors.
- Loads and unloads dishes from dishwashing machine.
- Adheres to proper food service sanitation and safety requirements.
- Assembles and serves food to Senior Nutrition participants.
- Loads vehicles with meals; conducts home deliveries to participants; and reports special client needs.
- Maintains vehicles in a clean and sanitary condition; ensures vehicles are maintained in a safe running condition; and, maintains posted speed limits at all times.
- Maintains accurate records on daily meals served; obtains signatures of clients receiving services; conducts test and records temperatures of daily meals.
- Unpacks and stores supplies.
- Conducts quarterly assessments of home delivery participants in the Senior Nutrition Program.
- Performs other job related duties as required.

Employment Standards:

Any combination of training and experience that would provide the following:

Knowledge of: basic food handling techniques; common kitchen tools and utensils; sanitation and general safety; the California Motor Vehicle Code; the operation and maintenance of light vehicles; geography of Kern County; record keeping; and basic arithmetic.

Ability to: maintain a clean work area and perform general cleaning tasks, such as sweeping and mopping floors, cleaning sinks and dining room tables; clean kitchen tools, utensils and equipment; prepare and serve simple foods; read and follow a recipe; follow oral and written instructions; develop and maintain good customer relations; observe personal cleanliness and neatness guidelines; load equipment weighing up to fifty (50) pounds; read maps; maintain client confidentially.

Possession of a valid unrestricted California Motor Vehicle Driver's License is required for some positions.

Upon an offer of employment, applicants may be required to submit a copy of their Department of Motor Vehicle drivers record.

A background check may be conducted for this classification.

All Kern County employees are designated "Disaster Service Workers" through state and local laws (CA Government Code Sec.3100-3109 and Ordinance Code Title 2-Administration, Ch. 2.66 Emergency Services). As Disaster Service Workers, all County employees are expected to remain at work, or to report for work as soon as practicable, following a significant emergency or disaster.